



Dr. D. Ivan Young Bio

Dr. D. Ivan Young (aka Dr. D) is considered one of the most influential and highly credentialed Life Coaches in the United States. For over a decade, Dr. Young has dedicated his life to helping people create a positive, lasting change in their lives. He is a TEDx speaker with over 2.5 million views, and an ICF Master Certified Coach; the ICF MCC credential represents the top four percent of ICF credentialed coaches and the top one percent of coaches globally. The MCC is the highest level of achievement in coaching and identifies an expert coach. Additionally, Dr. Young serves as Co-Chair for the Council on Race, Equity & Inclusion at the Institute of Coaching McLean an affiliate of the Harvard Medical School, and is a distinguished fellow at The Institute of Coaching. He is also an esteemed member of the Forbes Coaches Council.

Among his many credentials, Dr. Young is a Master NLP Practitioner, a National Board Certified Health and Wellness Coach, a Certified Professional Diversity Coach through the Coach Diversity Institute, and a credentialed Master MBTI Practitioner with a Ph.D. in Holistic Life Coaching.

In December of 2016, the City of Houston and The Houston City Council recognized Dr. Young for his influence in the national media and his life-changing impact on both family and institutional relationships, both locally and nationally. Named "Life Coach of The Year" in 2017 by The National Black Life Coaches Network, the United States Congress awarded Dr. Young the Lifetime Achievement Award in 2018 for his positive impact on American Culture. In the same year, The Texas State Senate recognized him for likened achievements. Dr. Young is a two time recipient of The President's Lifetime Achievement Award by separate White House Administrations for his many contributions as an inspirational thought leader and transformational Life Coach.

Dr. D received the Vice Chancellors Award from the University of Houston. Over the years, he's been featured in/on CNN, MSNBC, 20/20, The Huffington Post, Black Enterprise, Essence Magazine.Com, Yahoo News, FOX News, ABC, NBC, CBS Radio, iHeartRadio, Access Hollywood, FOX News Magazine, and TEDx. Dr. D has been a recurring expert on TV One's Hit Programs Fatal Attraction & Justice by Any Means for ten consecutive seasons, and the Oxygen Network's hit program Snapped - Killer Couples on several episodes.

His book, Another Chance...Where Would You Be Without One?, became an Amazon Best Seller in the fall of 2015. Another published work, Break Up, Don't Break Down, was released by Reality -N-3D Publishing in April 2010 and was coined The Relationship Manual by the Associated Press.

Dr. Young's new Program, titled "That Moment," debuts in the Spring of 2021. His 2021 calendar includes lecturing on and doing speaking engagements about Evidence and Research-Based Master Level Coaching approaches at Universities, Professional Certification Programs, Health Care Groups and Fortune 100 Businesses, and select Industries in the United States and abroad.

"Until you change and get some clarity, it does NOT matter how many connections you have or how much money and power you've got – you will continue to fail in everything, including business and especially personal relationships. The only thing worse is not being aware of the beliefs and ideas that keep you one step away from reaching your full potential. Be the change you seek. You're so much stronger than you think!" Dr. D Ivan Young